

Menu / Sai Ying Pun

價目表 / 西營盤店

Massage 按摩項目

Foot Acupressure Massage 足部養生穴位按摩	45 mins 75 mins	HK\$268 HK\$428
* Magnetic Foot Massage 足部磁叉按摩 +HK\$80		
Relaxing Acupressure Massage 穴位深層放鬆按摩	45 mins 75 mins 90 mins	HK\$328 HK\$538 HK\$638
Organic Oil Balancing Warm Massage 有機香薰油身心平衡按摩	45 mins 75 mins 90 mins	HK\$368 HK\$608 HK\$718
* Magnetic Body Massage 身體磁叉按摩 +HK\$148		
Lymphatic Detox Massage 淋巴治療排毒按摩	45 mins 75 mins 90 mins	HK\$408 HK\$668 HK\$808
* Magnetic Body Massage 身體磁叉按摩 +HK\$148		
Magnetic Therapy Detox Massage 磁叉引流排毒按摩	75 mins 90 mins	HK\$758 HK\$888
Hot Stone Energy Rising Massage 熱石能量導入按摩	75 mins 90 mins	HK\$718 HK\$848
Traditional Thai Massage 泰式古法按摩	90 mins 120 mins	HK\$768 HK\$1038
NEW Sports Massage 深層組織運動按摩	45 mins	HK\$638
*May select : Upper body / Lower body 可選擇：上半身/下半身		

Additional 額外項目

Singing Bowl Meditation (Sound Massage) 喜馬拉雅頌鉢音療	HK\$688 30 mins
Ginger Therapy and Abdominal Massage 薑油暖宮按摩療程	HK\$218 30 mins
Healing Sauna for Foot 養生遠紅外線足部桑拿	HK\$218 40 mins
Far Infrared Treatment 養生遠紅外線治療	HK\$680 20 mins
Neck to Shoulder Focus Massage 肩頸重點放鬆按摩	HK\$108 / HK\$198 15 mins / 30 mins
Seasonal Floral Foot Spa 王牌季節花草足浴	HK\$108 20 mins
Goat Milk Recovery and Moisturising Hand Mask 山羊奶手部保濕修護凍膜	HK\$98 30 mins
Coconut Oil Recovery and Moisturising Foot Mask 椰子油腳部保濕修護凍膜	HK\$98 30 mins
Gua Sha 刮痧	HK\$168 10 mins
Breast Focusing Massage 女士胸部護理	HK\$488 30 mins
Head Massage 頭部按摩	HK\$168 15 mins
NEW Tranquil Hot Stone Foot Treatment 腿部熱石舒緩護理	HK\$168 15 mins
NEW White Jade Energy Infusion Neck and Shoulder Massage 白玉能量肩頸重點按摩	HK\$288 30 mins
NEW Jawline Sculpting Massage 輪廓提升護理	HK\$268 15 mins
NEW Ladies Gluteal Lifting Massage 女士臀部提升按摩	HK\$368 30 mins
NEW Refined Waistline Sculpting Massage 徒手腰部塑形	HK\$368 30 mins
NEW Hand Massage 手部舒緩按摩	HK\$108 15 mins
NEW Lavender Heated Relaxing Eye Patches 薰衣草放鬆熱敷眼枕	HK\$138 30 mins

*The above items must be used in conjunction with main massage service.
以上項目均要配搭主要按摩項目一同使用

Menu / Sai Ying Pun

價目表 / 西營盤店

Treatments 養生/護理套餐

Foot Caring Treatment

全面足部護理 (Mon-Thurs)

HK\$568

120 mins

Seasonal Floral Foot Spa 王牌季節花草足浴

15 mins

Foot Acupressure Massage 足部養生穴位按摩

75 mins

Coconut Oil Moisturising Foot Mask 椰子油腳部保濕修護凍膜

30 mins

Body and Breast Focusing

Rose Retreat for Ladies

女士身體及胸部玫瑰滋養護理

HK\$1,088

105 mins

Deluxe Dead Sea Salt and Rose Floral Foot Spa

死海鹽天然玫瑰花足浴

15 mins

Relaxing Lymphatic and Breast Focus Massage with

warm Organic Rosehip oil

有機玫瑰果香薰油淋巴及胸部重點按摩

90 mins

Finish with a cup of Rose Tea

養生美容玫瑰花茶

NEW

Office Syndrome Relief Treatment

辦公室綜合舒緩療程

HK\$758

75 mins

Back Releasing Massage

背部放鬆按摩

45 mins

Heat Pad and Organic Oil Neck and Shoulder Massage

熱敷及有機香薰油頸肩舒緩按摩

15 mins

Head and Hands Massage

頭部及手部按摩

15 mins

* Lavender Heated Relaxing Eye Patches

薰衣草放鬆熱敷眼枕

30 mins

*Perform simultaneously with massage therapy 於按摩療程中同步進行

NEW

Lavender Sweet Dream Retreat

薰衣草甜睡療程 (Mon-Thurs)

HK\$1,280

120 mins

Natural Dead Sea Salt and Lavender Foot Spa

天然死海鹽薰衣草足浴

15 mins

Relaxing Organic lavender Oil and White Jade

Energy Infusion Neck and Shoulder Massage

有機薰衣草油及白玉能量肩頸重點按摩

90 mins

Head Massage

頭部按摩

15 mins

* Lavender Heated Relaxing Eye Patches

薰衣草放鬆熱敷眼枕

30 mins

*Perform simultaneously with massage therapy 於按摩療程中同步進行

Finish with a cup of Lavender Tea 薰衣草茶

Body and Soul Retreat

身心療癒呵護療程

HK\$758/HK\$1,198

90 mins/135 mins

Seasonal Floral Foot Spa 王牌季節花草足浴

15mins

Organic Oil Balancing Warm Massage 有機香薰油身心平衡按摩

75 mins/120 mins

Hot Stone Balancing and Healing Treatment 熱敷能量石護理

*Oil Massage and hot stone treatment perform simultaneously
有機香薰油按摩和熱敷能量石護理於按摩療程中同步進行

Ancient Abdominal Detox Therapy

古法薑油暖宮養生療程

HK\$1,280

125 mins

Ginger Foot Spa 薑油足浴

15 mins

Lymphatic Detox Massage 淋巴治療排毒按摩

45 mins

Ginger Therapy and Abdominal Massage 薑油暖宮按摩療程

45 mins

Far Infrared Abdominal Treatment 養生遠紅外線腹部治療

20 mins

with Organic Ginger Oil 使用有機薑油

Ayurveda Treatment

阿育吠陀身心平衡養生療程

HK\$1,488

150 mins

根據風型、火型、或水型不同體質的個別

差異與身心狀態而作出適當的按摩治療

* Reservation Only 需預約

Seasonal Floral Foot Spa 王牌季節花草足浴

15 mins

Healing Sauna for Foot 養生遠紅外線足部桑拿

30 mins

Body Massage 全身按摩

75 mins

風失衡

VATA out of balance

有機檀香油身心平衡按摩

Organic Sandalwood Oil Massage

火失衡

PITTA out of balance

磁叉引流排毒按摩

Magnetic Therapy Detoxing Massage

水失衡

KAPHA out of balance

熱石能量導入按摩

Hot Stone Energy Rising Massage

Far Infrared Abdominal Treatment 養生遠紅外線腹部治療

20 mins

Head Massage 頭部按摩

15 mins

Singing Bowl Meditation (Sound Massage) 喜馬拉雅頌鉢音療

15 mins

Finish with a cup of Hot Golden Milk 香料薑黃奶 (植物奶)