



Sun and Moon Spa
Breathe

Spa Treatments 水療體驗

Sun 日

120 mins

Begin the hour with a relaxing foot soak and scrub. Sun treatment offers a fusion of skin-polishing exfoliation, designed to improve your circulation and eliminate toxins. Shower off and enjoy a relaxing warm oil body massage. A warm Wu-Zing soup to finish your treatment.

以自定足浴磨砂作開端。日療程融合了去角質的身體護理，改善您的血液循環並排除毒素。淋浴後，享受一次舒適的溫油身體按摩。以五行湯完美結束您的療程。

Natural Body Polish

30 mins

自選身體磨砂

Deluxe Organic Warm Oil Body Massage

90 mins

專貴有機香薰溫油身心平衡按摩

HKD 1,500

Moon 月

150 mins

Begin the hour with a relaxing foot soak and scrub, followed by dry body exfoliation. Buffing the skin removes spent cells and stimulates blood flow, allowing our natural ingredients to absorb deep into the skin with a deluxe warm oil body massage focusing on lymphatic area. Follow by infrared treatment to purify your body and toxin along with head and face massage to finish your treatment.

以自定足浴磨砂作開端。月 - 療程融合了去乾刷技術去角質皮膚護理，有效去除老化細胞並刺激血液流動，接著進行淋巴重點專貴有機香薰油身心平衡按摩。最後以紅外線療法，淨化您的身體並排除毒素，同時進行頭部和脛部按摩，以完美結束您的療程。

Dry Brush Body Polish

30 mins

乾刷技術去角質皮膚護理

Deluxe Organic Warm Oil Body Massage

90 mins

專貴有機香薰溫油身心平衡按摩

Far Infrared treatment (with head and neck massage)

30 mins

養生遠紅外線排毒治療 (頭部和頸部按摩)

HKD 1,800



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Spa Treatments 水療體驗

River 川

120 mins

Begin the hour with a relaxing foot soak and scrub. River treatment offers a fusion of skin-polishing exfoliation with our signature floral rice powder body scrub, designed to improve your circulation and eliminate toxins. Shower off and enjoy a relaxing face and head massage followed by ginger abdominal and ovary treatment tailored for woman womb health. A warm Wu-Zing soup to finish your treatment.

以自定足浴磨砂作開端。川 療程以水為題專為女性健康而定制，結合了獨有的花香米粉身體磨砂護理，改善您的血液循環並排除毒素。淋浴後，享受一次舒緩的面部和頭部按摩，並進行針對女性子宮健康的姜腹和卵巢熱石療法。最後以五行湯完美結束您的療程。

Floral & Rice Powder Body Polish

30 mins

花香米粉身體磨砂

Facial and Head Massage

30 mins

面部及頭部按摩

Abdominal and Ovary Hot Stone Treatment

60 mins

姜腹和卵巢熱石療法

HKD 1,600

Earth 地

120 mins

Begin the hour with a relaxing foot soak and scrub. Earth treatment tailored for 12 weeks or above mommy to be. Follow with lymphatic drainage to ease any bloating. This ritual is then completed with a facial massage using gausha and head massage to leave the expectant/new mother feeling refreshed and rejuvenated overall. A warm Wu-Zing soup to finish your treatment.

以自定足浴磨砂作開端。地 療程專為懷孕12週或以上準媽媽而設。先進行淋巴引流身體按摩以緩解脹痛。最後以使用玉石面部刮痧及頭部按摩完成，使準媽媽感到全身提神和煥然一新的感覺。以五行湯完美結束您的療程。

Suggested for 12 weeks or above pregnancy only, please seek to doctor advice before treatment. 適合懷孕12週以上的孕婦，享用療程前先跟婦科醫生查詢個人狀況是否適合。

Deluxe Organic Warm Oil Body Massage

90 mins

專貴有機香薰溫油身心平衡按摩

Facial Gausha and Head Massage

30 mins

玉石面部刮痧及頭部按摩

HKD 2,400



Massage Treatments 按摩體驗

Golden Hour 金箔按摩

90 mins

Golden massage, also known as gold leaf massage, is a luxurious treatment that involves using gold leaf infused oil massage. Golden massage is believed to offer several potential advantages. Include skin rejuvenation by stimulating collagen production and improving skin elasticity, improved blood circulation, relaxation, stress relief, enhanced mood, potential anti-inflammatory effects, and energetic balance.

金箔按摩，奢華至臻的療程。激活肌膚，提升彈性，煥發年輕光彩。促進血液循環，放鬆身心，提升情緒。抗炎作用，平衡能量。盡情享受黃金按摩，感受奢華與美麗的交融。

HKD 1,200

Jade Palace 白玉按摩

90 mins

Jade is a powerful healer. When heated and massaged over the body, jade stones exude negative ions that noticeably boost your immune system and increase energy levels. This full body massage uses both jade stone and manual massage techniques which effectively ease stiff muscles. Choose from a relaxing and balancing or a therapeutic de-stress of the muscles.

靈感源自泰式輕柔手法，以高溫玉石進行全身按摩，有助舒緩肌肉僵硬和排出毒素。有治愈療效的玉石，在遇熱時會產生負離子，有助加強人體的免疫系統，增強活力，令您神清氣爽，活力充沛，讓身心得到深層放鬆。

HKD 1,200

Deluxe Warm Oil

90 mins

專貴有機香薰油按摩

Deluxe warm oil massage provides a wide selection of luxurious essential oils, such as neroli and magnolia alba, also known as "gems" of essential oils. It stimulates collagen production, improves skin elasticity and hydration, provides stress relief, enhances mood and promotes energetic balance.

專貴有機香薰油按摩提供多種精選的奢華精油，例如橙花和白木蘭，也被稱為精油的寶石。它刺激膠原蛋白生產，改善皮膚彈性和水分含量，紓解壓力，提升情緒，可能具有抗炎作用，並促進能量平衡。

HKD 1,200

Additional Treatment 附加體驗

Extra Time

額外時間

\$600 / 30 mins

*same price for all types of massage treatment

Body Polish

身體磨砂護理

\$700 / 30 mins

\$1,200 / 60 mins

Abdominal Massage 腹部按摩

\$600 / 30 mins

Head Massage

頭部按摩

\$500 / 20 mins

Dry Brush

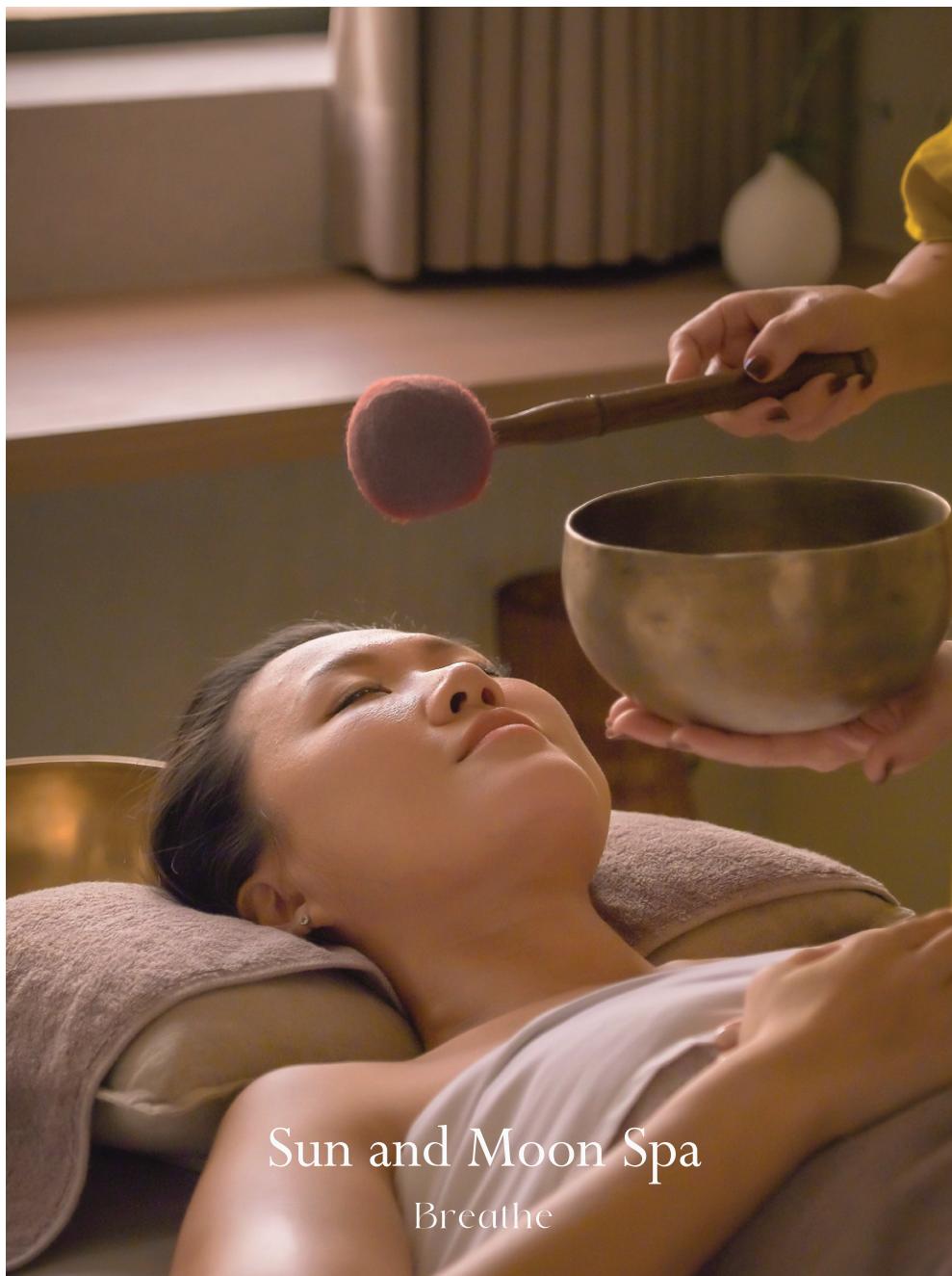
乾刷技術去角質皮膚護理

\$400 / 30 mins

Far Infrared treatment

\$680 / 30 mins

養生遠紅外線排毒治療



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Mental Wellness Treatments 心靈健康體驗

Sound 聲頻療法

An ancient sound healing that uses metal bowls to create different harmonics and resonance corresponding to different chakras.

聲頻療法結合歷史悠久的頌鉢技術，由我們的養生大師引導您進行冥想。

Full Body Singing Bowl

全身頌鉢治療

30mins \$680

45mins \$980

Abdominal Singing Bowl

腹部頌鉢治療

Using warm water into a singing bowl for therapy, effectively resolving discomfort before and after the menstrual period.

將溫水放入頌鉢進行療程，有效解決生理期前後不適

30mins \$680

45mins \$980

** reservation required in advance 需要提前預約

Virginal Gym™

私密美肌保健療程

Virginal Gym 私密美肌保健療程

IN or OUT / HKD 4,500

To stimulate collagen and elastic protein hyperplasia with monocular radio frequency and ultrasound. Making the inner muscle regain firmness and smoothness of the skin improves urine penetration and vaginal relaxation; on the outer side, a tight private contour locks the water for private skin, stimulates the regeneration of collagen, restores skin elasticity, and regains.

以單極射頻及超聲波刺激膠原及彈力蛋白增生，令內在重拾緊致光滑肌膚，改善尿滲及陰道鬆弛；外在緊緻私密輪廓，為私密肌膚保濕鎖水，刺激膠原自生，回復肌膚彈性，重拾粉紅嫩白。於私密美肌保健的前後我們更會播放療癒音樂及提供保健茶飲，讓客人享受一次獨有的身心私密享受。



針對解決女士

3

大問題

- Combat Urinary Leakage 擊退尿滲
- Vulva Reshaping 外陰修型
- Tighten Vagina 收緊內陰

Virginal Glow 私密美肌保健療程

潔淨、水潤、還原青春粉嫩

V & I 位置微果酸美白私密還原青春粉嫩
B5 水潤精華導入

V & I 私密部位 / HKD 780

Back 背部 / Inner Thigh 大腿內側 / Chest 胸部 / Hip 臀部 / HKD 980



Booking & Enquiry
預約及查詢

☎ (852) 6502 0967

🌐 www.femi-hk.com

📱 femi.hk

尖沙咀加連威老道39號
太興商業大廈2樓 (尖沙咀 B1 出口)

2/F, Tern Commercial Building, No. 39 Granville Road,
Tsim Sha Tsui, Kowloon (Tsim Sha Tsui Station Exit B1)

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by Sun and Moon Spa

Beauty & Wellness Treatments
美容及養生體驗

Facial Treatments 美容體驗

Face Re-Sculpture 小顏術
HKD 3,500 / 90 mins

Facial Accupuncture 無痛美顏針
HKD 1,200 / 30 mins

Experience the amazing benefits of facial acupuncture! This ancient technique offers a wide range of advantages, including whitening and anti-yellowing effects for a radiant complexion. Say goodbye to wrinkles and dark spots as facial acupuncture helps to reduce their appearance, leaving your skin smooth and even-toned. Enjoy the immediate tightening and lifting effect, as well as the minimized pores for a refined and youthful look.

美顏針有效為肌膚美白和祛黃，讓您擁有光彩煥發的膚色。面部針灸有助於減少皺紋和擊退黑斑，讓您的皮膚光滑均勻。即時可見緊致和提拉，改善毛孔粗大問題。

**全人手無痛美顏針/小顏術，全程由註冊中醫師親自主理



Want to see extra result?
想效果更顯著

Single Treatment 單項體驗

BTL femme 360 BTL眼/面
\$1,000 / 20 mins

Face Peeling 面部去角質
\$400 / 10 mins

Facial Massage 徒手面部塑形
\$580 / 20 mins

Hydrating Serum Mask 保濕精華面膜
\$400 / 20 mins

Face Care Combo 面部療程組合 90 mins
HKD 1,880

Including all items below:
已包括以下項目：

Basic cleaning
BTL femme 360 face and eyes OR Face peeling
Facial massage
Hydrating serum mask

Body Shaping Treatment 瘦身塑型體驗



Femme Exilis Ultra 360 極速定位消脂修型

The corrective treatment involves improvement of the skin condition and reducing the fat tissues through stimulation of intensive lipolysis process in the fat cells, to firm up body, reduce wrinkles, shape the body contour; to remove excessive fat. Deep tissue tightening, skin tightening of skin laxity and cellulite reduction.

療程特色：強效、無創無痛、舒適安全、非入侵性

功效： 瘦身同時緊緻皮膚 - 電流通過皮膚，電阻效應將真皮層加熱，改變骨膠原的基本結構而令其收縮，達到即時緊膚的效果。減少脂肪細胞達40%，有效收緊線條

Tummy 消脂減肚臍 / Thigh 纖腿射頻塑形 / Back 深層背部修營 / Arm 重點擊退拜拜肉 \$1,000 / 15 mins

Wellness Treatment 養生體驗

Ovary Care 卵巢護理 \$580 / 45 mins

Accupuncture 針灸 \$550 / 30 mins
**由註冊中醫師親自主理

Abdominal Singing Bowl 腹部頌鉢治療 \$680 / 30 mins
\$980 / 45 mins

Using warm water into a singing bowl for therapy, effectively resolving discomfort before and after the menstrual period.

將溫水放入頌鉢進行療程，有效解決生理期前後不適

** reservation required in advance 需要提前預約